

A photograph of a spa balcony overlooking a tropical ocean. In the foreground, a bed with a grey quilted blanket and a white towel with a starfish is visible. A small wooden table holds a white ceramic shell-shaped container on a woven mat. The balcony has a dark green railing and white curtains. The ocean is a vibrant turquoise, and a lush green island is visible in the distance under a clear blue sky.

THE OCEAN SPA
AT JAMAICA INN

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Immerse yourself in the healing power of nature with our wide selection of restorative treatments. Choose from locally inspired experiences featuring Island Ritual, Naniki Naturals, and Jacana Organic CBD, or indulge in internationally acclaimed spa lines such as Repechage and Voya's seaweed-based products.

Unwind in our tranquil saltwater pool and embrace the serenity of your surroundings – a peaceful escape designed to relax the mind, renew the body, and re-energize the soul..

*For appointments please dial 288 from your suite
or email spa@jamaicainn.com.*



SPA MENU

GENERAL INFORMATION

OPENING HOURS

Saturday-Sunday: 9:30am-6:00 pm

RESERVATIONS

In order for us to accommodate your individual needs, we recommend you schedule your appointments at least 48 hours in advance. However, please feel free to contact us for your last minute booking. Kindly advise us upon booking your spa appointment of any health concerns that you may have.

PRE-TREATMENT

It is recommended that you check-in at least 30 minutes prior to your treatment to allow time to utilize our saltwater pool, shower, and relax before your treatment. Arriving late will limit the length of your service and the full cost of your treatment will be applied.

ATTIRE

The spa will provide a robe and slippers for your comfort during your visit.

SPA ENVIRONMENT

To preserve the Spa's tranquility we respectfully request that you leave cellular phones on silent. Out of respect for serenity of your fellow guests, please maintain peace and quiet at all times. Smoking and alcohol are not permitted in the Spa.

PERSONAL ITEMS

We recommend that you secure valuables in the safe provided for you in your room. The Spa is not responsible for any lost items while at the facility.

CANCELLATION POLICY

Should you need to reschedule, or cancel an appointment; a minimum of 4 hours will be required to avoid being charged a cancellation fee of 50% of your total service(s).

All prices are quoted in US Dollars and are subjected to change without notice. Government tax of 10% will be added to all services. Gratuities are not included in spa prices and are therefore left to the discretion of the guests.



SPA MENU

MASSAGES

BACK TO BASICS MASSAGE (30 mins) USD \$80

Focusing purely on the back and shoulder area to relieve tension and aching muscles.

EIGHT RIVERS REJUVENATING SCALP TREATMENT (30 mins) USD \$90

Infused aromatic oils flow over the third eye and into the scalp, inducing complete relaxation as we top off this wonderful experience with a rejuvenating scalp massage to calm the nerves and bring the mind and body into balance.

SOLE REVIVAL FOOT MASSAGE (30 mins) USD \$105 / (50 mins) USD \$125

This treatment begins with a detoxifying sea salt and mint scrub as a means of preparation before we stimulate various organs of the body, balance the body system through improved circulation, unblocks nerve impulse pathways and relieves stress.

HARMONY MASSAGE (50 mins) USD \$140 / (80 mins) USD \$215

Using simple uncomplicated classic massage techniques to calm and relax tight muscles, increasing flexibility and circulation. This is wonderful introduction to the world of massage.

OCEAN DEEP MASSAGE (50 mins) USD \$150 / (80 mins) USD \$240

This intensive massage is helpful in releasing back tension, sore shoulders and sports-related aches and stiffness. It focuses on the deeper layers of muscle tissues and aims to disperse unwanted toxins and promote relief, relaxation and well-being.

OCEAN COMBO MASSAGE (50 mins) USD \$150 / (80 mins) USD \$240

Experience a combination of different techniques that will relax and relieve tension. This is a great treatment if you are indecisive about the type of massage you need as you will get to experience some Swedish, Reflex and Deep Body Work.

JACANA 100% ORGANIC CBD MASSAGE (60 mins) USD \$180 / (90 mins) USD \$265

This treatment incorporates the traditional benefits of massage with the anti-inflammatory and pain-relieving agents of CBD to reduce inflammation within the muscles and joints. CBD has the reputation for accelerating the recovery and healing process of injured connective tissues, relieves anxiety and stress, improves sleep and skin conditions.



All treatments can be experienced in a couples setting.

SPA MENU

MASSAGES

AROMATHERAPY MASSAGE (50 mins) USD \$160/(80 mins) USD \$230

Pure aromatic essential oils are combined with traditional massage technique to stimulate, rejuvenate, detoxify, and rebalance the body.

LYMPHATIC DRAINAGE MASSAGE (75 mins) USD \$220

A gentle massage technique that directly addresses the lymph system, resulting in significant increase in the functioning of the immune system.

OCEAN BAMBOO MASSAGE (75 mins) USD \$220

This luxurious treatment involves long, soothing rhythmic strokes and deep pressure application using heated bamboo sticks of varying sizes to provide massage that combines relaxation and deep-tissue types of massage. The combination provides very deep relaxation while soothing away muscle tension and pain.

ON THE ROCKS MASSAGE (75 mins) USD \$220

Healing with stones is an ancient Taino form of therapy. This balancing and restoring treatment called "The Muscle Melt" by our therapists use warm sea stones and your choice of aromatic infusions to relax and renew your muscles.

HIMALAYAN SALT STONE MASSAGE (75 mins) USD \$220

The full-body Himalayan Salt Stone Massage nourishes the body and relaxes the mind. Warm, hand-carved salt massage stones from the Himalayan Mountains massage the body in specific combinations to relax body, mind, and spirit. This results in very deep relaxation, improved sleep, reduced inflammation, and a sense of emotional peace.

OCEAN SUNSET COUPLES MASSAGE (60 mins) USD \$280/(90 mins) USD \$420 per couple

Ending a perfect day in paradise, you and your massage partner relax together on overlooking The Caribbean Sea as the sun sets.

OCEAN BLISS TWILIGHT PACKAGE (90 mins) USD \$460 per couple

Nestled next to each other, this candlelit setting invites you on a twilight voyage. Begin with a soothing soak in warm coconut cream milk, followed by an exfoliating foot treatment. Sip on two glasses of sparkling wine while enjoying assorted cheese and crackers. The experience only improves with two aromatic massages, setting the perfect pace for a romantic evening.



All treatments can be experienced in a couples setting.

SPA MENU

BODY RITUALS

RAINFOREST CBD CANNA - GLO SCRUB & MASSAGE (80 mins) USD \$320

The Canna-Glo body experience is the ultimate treatment to revitalize and reenergize your skin cells as well as treating any inflammation or sore muscles you might be experiencing. This treatment begins with an exfoliation followed by a full body massage using warm Cannabis oil.

PEPPERMINT SEA TWIST® (50 mins) USD \$125

Combination of peppermint oil with fresh seaweed to stimulate, rejuvenate and purify the skin. Helps contour, firm and smooth while reducing water retention.

SEAWEED BODY MASK (50 mins) USD \$125

Full body seaweed mask that will offer overall circulatory stimulation, encourage elimination of toxins, softens and smoothes skin giving a total sense of well-being. After we apply this mask, you will be wrapped and covered with a thermal blanket to help penetrate the nutrients into your skin and we will rinse it off with a shower followed by a massage utilizing Seaweed Body Cream.

OCEAN RITUAL (120 mins) USD \$370

Our signature spa experience begins with an organic pineapple & coconut body buff. The exfoliation will remove unwanted surface cells, smooth the texture, and bring a glow to your skin. This alluring treatment is followed by a head- to- toe coco pure cocoon using Jamaica's finest organic coconut butter and milk. This never to be forgotten experience concludes with an aromatic Blissful Stone Massage which will gently melt muscle tension and provide your skin with a new-found glow.

SLIMMER DOWN (80 mins) USD \$240

Indulge yourself and let the weight reducing effects of seaweed renew you from the outside in. After a light exfoliation with pure sea salts, a detoxifying rich algae body mask is applied to instantly hydrate and re-mineralize your skin.

BLUE MOUNTAIN MOMENTS (80 mins) USD \$230

Your journey begins with a gentle scrub and wrap of oatmeal, ground blue mountain coffee and coconut milk to soften and nourish the skin. As you are wrapped, the mask removes impurities and dry surface cells. This secret formulation is also reported to reduce cellulite.



All treatments can be experienced in a couples setting.

SPA MENU

BODY RITUALS

SUN RESCUE TREATMENT (50 mins) USD \$145

Sun Damaged? Allow us to pamper you with this ultra-calming treatment that offers serious relief to sun damaged and sensitive skin as it calms, soothes, and replenishes the most aggravated, irritated, inflamed skin. By targeting the triggers behind redness, itching and stinging, the end results from this experience are cooled, hydrated, and refreshed skin.

TROPICAL (120 mins) USD \$370

This refreshing body treatment begins with pineapple, mango and coconut, whipped with fine sea salt to create a nourishing and invigorating body polish that smoothes rough areas, stimulating your skin's renewal. Next, skin is coated with warm honey hydrating papaya and pineapple. All this is nestled in with a wholesome milk wrap, allowing skin to drink in the nutrients. This wonderful experience comes to an end after a light massage with rich coconut cream.

BODY SCRUBS (50 mins) USD \$150

A Stimulating therapeutic treatment that eliminates body toxins by increasing circulation and removing dry skin. Leaving the skin radiant, smooth, and supple. Choose from a selection of local ingredients:

Ocean Coffee Buff

Island Mint Sea Salt Glow

Lemongrass Body Smoothie

Pimento & Sweet Orange Scrub

Milk & Honey Body Smoothie

Pina Colada Body Scrub

Pomegranate & Cran-Apple Body Scrub

Lavender Body Scrub

Ocean CBD Canna Glo Body Polish (USD \$180)



All treatments can be experienced in a couples setting.

SPA MENU

VOYA TREATMENTS

DELUXE FACIAL EXPERIENCE (90 mins) USD \$250

Begin your journey with a relaxing back massage, gently melting away muscular pain. Follow this with a 70-minute hydrating and purifying facial. This facial includes a 20-minute massage to deeply hydrate the skin, followed by a dual-action facial mask. The exclusive re-mineralising Mermaid's Purse face mask and Laminaria seaweed leaves work together to rejuvenate and hydrate the skin. The appearance of deep-set wrinkles is reduced, and the skin's texture is left hydrated and plumped.

INTENSE DEFENCE FOR MEN FACIAL (60 mins) USD \$185

Exclusively created for men's specific skincare needs, this powerfully effective treatment exfoliates the skin with bamboo spines, allowing for a deeper cleanse. You will enjoy a beautiful facial and scalp massage, where VOYA's seaweed leaves and Mermaid's Purse mask are used to soothe even the most sensitive of skin. Fantastic for those affected with shaving rash, razor burn, or ingrown hairs. The skin is left hydrated, fresh, and mattified.

ORGANIC HYDRATING BODY SCRUB (60 mins) USD \$185

Our dual-action lathering body buff exfoliates with finely ground walnut shells and nourishes your skin with a blend of almond oil, seaweed, and ginger extracts. Our gentle yet effective formula removes rough and lifeless-looking skin cells, to reveal much more refined softer, silky-smooth skin.

ORGANIC SEAWEED LEAF WRAP (90 mins) USD \$250

Organic seaweed leaves are used to scrub and wrap your body, releasing detoxifying properties. Begin with a bladderwrack body buff to detoxify, firm, and soften your skin. This treatment is excellent in conjunction with a weight loss programme. The whole body is then covered in Laminaria Seaweed leaves for instant results. Finally, an application massage of Softly Does it nourishes and softens your skin.

ORGANIC WARM SPICED MUD WRAP (60 mins) USD \$200

Fresh seaweed is taken from the ocean and its purifying elements are encapsulated in the rich Warm Spiced Mud wrap. This extract is rich in potent antioxidants and minerals, toning the body while also acting as a serious detoxifier, metabolism stimulator, and natural anti-ageing boost. Infused with aromatic spices of ginger and orange, it revives the senses.



All treatments can be experienced in a couples setting.

SPA MENU

VOYA TREATMENTS

ORGANIC PRENATAL VOYAGER (90 mins) USD \$240

The specially designed organic wellbeing ritual will promote feelings of relaxation and tranquility while hydrating and nourishing your skin. A full body exfoliation will gently buff the skin, leaving you glowing, radiant and hydrated. Nourishing Mama Oil is used to gently ease away stress and tension, with a top to toe body, face, and scalp massage, which will melt away all the aches and pains associated with pregnancy. Feel cocooned, supported, and restored.

VOYA BATH RITUALS

DETOXIFYING SEAWEED BATH (45 mins) USD \$90

Seaweed baths are traditional marine based therapy that naturally absorbs its nourishments from the sea. As a result, it contains countless minerals, vitamins, and beneficial ingredients in high concentrations. When seaweed is steamed it produces amazing luxurious oils. These oils are naturally suspended in the water. As heat has opened the skin's pores, they all are easily absorbed. Recommended for all skin types, promotes healing, and provides an overall feeling of wellbeing.

ORGANIC WARMED SPICED MUD BATH (45 mins) USD \$90

Infused with organic seaweed extracts, it assists in reducing the appearance of cellulite and combats the signs of ageing. This dark deep relaxing bath can also soothe muscular aches and pains, relieve stress, and fatigue and energize mind and soul.

AROMA BATH SALTS THERAPY (45 mins) USD \$75

A relaxing bath soak with a blend of VOYA organic lemon, lime, basil, and mandarin combined with bath salts. This wonderful aromatic bath is recommended prior to further Voya treatments.



All treatments can be experienced in a couples setting.

SPA MENU

REPECHAGE FACIALS

BIOLIGHT™ MIRACLE FACIAL (60 mins) USD \$180

This signature professional treatment with the Glyco-Sea Glycolic Peel, helps brighten skin and diminish the appearance of hyper-pigmentation due to the sun, acne scars and hormonal changes, while enriching the skin with its added anti-aging benefits.

VITA CURA® 5 PHASE FIRMING FACIAL (60 mins) USD \$180

An exclusive combination of a cool Spirulina mask and Enzymatic Micro peel, to revive, tone, and firm skin instantly. No extractions included.

THE FOUR LAYER FACIAL® (60 mins) USD \$170

The premier anti-aging treatment. Experience layer upon layer of pure, fresh European seaweed to rejuvenate, tone and help firm the skin dramatically.

HYDRA MEDIC® ACNE FACIAL & BACK TREATMENT (90 mins) USD \$185 Facial / USD \$260

Dermatologically tested for deep pore cleansing, purifies and controls existing breakouts, while helping to prevent new ones from forming. Includes extractions, soothing and healing mask, and mud mask.

HYDRA 4 RED-OUT FACIAL (60 mins) USD \$170

A Sea of Calm...to meet the special needs of sensitive skin, specifically designed to neutralize the hyper-reactivity of sensitive skin. Whether the skin has been compromised by over-exfoliation, sun damage, or other free radical damage, it requires soothing, calming repair and protection.

CLASSIC EUROPEAN FACIAL (60 mins) USD \$170

Cleanses, tones, and moisturizes skin deep down with a formula chosen personally for your skin type by our in house expert. Includes facial, neck and shoulder massage.

SEAWEED FACIAL ON THE GO (30 mins) USD \$95

Nourishes, hydrates, cools, and refreshes skin. Antioxidant rich and rejuvenating treatment.



All treatments can be experienced in a couples setting.

SPA MENU

ADD-ON TREATMENTS

OPTI FIRM EYE CONTOUR TREATMENT (30 mins) USD \$55

Clinically proven ingredients that work to reduce wrinkles, puffiness, and dark circles.

EXPRESS GLYCO-SEA GLYCOLIC PEEL (15 mins) USD \$30

This quick 15-minute Glyco-Sea Glycolic Peel will help reduce the appearance of uneven skin tone and hyperpigmentation due to hormonal changes, post acne scarring and certain prescription medications.

EXPRESS ENZYMATIC MICRO PEEL (15 mins) USD \$30

This quick 15-minute Enzymatic Micro peel is a papaya-based peel that gently reveals brighter, younger looking skin and a vibrant complexion.

DEEP PORE CLEANSING MASK (15 mins) USD \$30

Mineral-rich Sea mud reduces oily shine without drying out the skin and prevents future breakouts. Perfect for clogged pores.

HANDS & FEET

ORGANIC SEAWEED LEAF PEDICURE (60 mins) USD \$125

To re-charge circulation of the lower limbs and refine your skin you will first enjoy a Sea Salt Scrub exfoliation from the knees down. Then a deeply relaxing massage of the lower legs after which your legs are wrapped in warmed Atlantic seaweed leaves to detoxify, increase circulation & nourish tired feet & legs. We clip, file & polish to complete the treatment.

ORGANIC SEAWEED LEAF MANICURE (60 mins) USD \$100

To nourish, recondition and refine your hands you will first enjoy a Time to Shine exfoliation from the hand to elbow. Then a deeply relaxing massage of the hands & arms after which your hands are wrapped in warmed Atlantic seaweed leaves to hydrate, increase circulation & nourish dry hands. We clip, file & polish to complete the treatment.



All treatments can be experienced in a couples setting.

SPA MENU

HANDS & FEET

Coco Cream Pedicure	USD \$70
Coco Cream Manicure	USD \$60
Ocean Basic Manicure	USD \$45
Ocean Basic Pedicure	USD \$55
Pedi's On the Rocks	USD \$70
Ocean Reflexology Pedicure	USD \$70
French Polish	USD \$25
Gel Polish	USD \$25
Polish change hands & feet	USD \$20
Gel Polish Removal	USD \$20
Paraffin Treatment Add-on	USD \$30

BEAUTY

HAIR

Shampoo and Style	From USD \$45
Ladies Hair Cut & Style	From USD \$75
Bridal Style	USD \$75
Bridal Trial & Consultation	USD \$60
Gentlemen's Hair cut & Style	USD \$30

WAXING

Lip/chin/brow	USD \$25
Underarm	USD \$30
Half /full leg	USD \$45 / \$75
Bikini line	USD \$40
Back/Chest	USD \$55

PROFESSIONAL MAKE-UP

Make-up application	USD \$75
Trial Make-up	USD \$60



All treatments can be experienced in a couples setting.

SPA MENU

FITNESS & WELLNESS

YOGA (60 mins)

Traditional Hatha, Yin and Neti yoga from ancient Egyptians.

Complimentary on Thursday and Sunday mornings at 8am at Peter's Point*

FARM TO SKIN FORAGING

Our spa team will take you on a journey through our lush gardens, where you will learn about therapeutic plants and herbs, and their medicinal properties. At the end of the tour, make your own tropical body scrub using these ingredients.

Complimentary on Tuesday mornings at 10:30am at Peter's Point*

PRIVATE YOGA (60 mins) USD \$120 for up to 4 people

Traditional Hatha, Yin and Neti yoga from ancient Egyptians. Private yoga, stretching and guided meditation.

****Sign up with spa reception (Ext. 288) at least 12 hours in advance***



All treatments can be experienced in a couples setting.